



School Programs Packing List

This packing list is for all participants attending overnight programs at Westminster Woods. We are nestled in a redwood forest where weather can be cool even in warm months. Please be ready to carry your own luggage to your cabin. **Important note: We are a screen-free campus. We appreciate your cooperation in helping to create meaningful connections without electronics.**

GEAR

- Reusable water bottle
- Backpack
- Sleeping bag
- Pillow
- Towel
- Dirty clothes bag (trash bags work well)

CLOTHING

- 2 pairs of closed-toed shoes
- Flip-flops for shower
- Swimsuit for shower
- Pajamas
- Socks (1 pair per day)
- Underwear (1 per day)
- Long pants (2-4)
- Short sleeved shirts (2-4)
- Long sleeved shirts (2-4)
- Sweatshirt
- Warm jacket
- Hats (1 for sun and 1 for cold)
- Rain gear such as rain jacket, waterproof pants, or poncho
- Face masks (1-2 per day)

FOOD

- Sack lunch for the first day
Please note, Westminster Woods will begin providing meals beginning with dinner on the first day. Participants with special dietary needs, please refer to the Dietary Letter for additional information.

TOILETRIES

- Sunscreen
- Toothbrush
- Toothpaste
- Deodorant
- Soap
- Shampoo
- Comb or brush
- Hand sanitizer

MEDICATION

- Please bring all necessary medications including Epi-Pens and inhalers

OPTIONAL EXTRAS

- Book
- Bug repellent (Non-DEET)
- Binoculars
- Chapstick
- Disposable camera
- Flashlight
- Gloves
- Wrist watch

DO NOT BRING

- Cell phones
- Electronics of any kind such as tablets, iPods, or video games
- Additional snacks such as gum, sodas, or candy
- Scented products such as perfume, cologne, or body sprays